

2011 POWERHOUSE - CLASS TIMETABLE

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Boxing	6.30pm - 7.30pm Trainer - Balazs		6.30pm - 7.30pm Trainer - Balazs		
Kickboxing & Muay Thai	7.30pm - 8.30pm Trainer - Marty	7.30pm - 8.30pm Trainer - Jozey	7.30pm - 8.30pm Trainer - Jozey	7.30pm - 8.30pm Trainer - Jozey	7.30pm - 8.30pm Trainer - Marty

Personal Trainers – fast track your skills!



Ian Jacobs
\$250 per hr (3 for \$500)



Jozey James
\$60 per hr (3 for \$150)



MEMBERSHIP FEES

- FREE** Gloves & hand wraps to all new members!
- \$40 upfront payment & direct debit agreement.
- \$25 p/wk = 12 months.
- \$30 p/wk = 6 months.
- \$40 p/wk = 3 months.